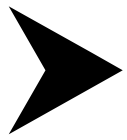


UNSEEN PASSAGE FOR CLASS

8 STUDENTS





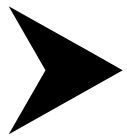
Unseen Passage for Class 8 Students

Unseen Passage 5: The Power of Kindness

Kindness is a powerful force that can change the world. Simple acts of kindness, such as helping a neighbour, sharing a smile, or offering a compliment, can have a profound impact on others. When we show kindness, we not only brighten someone else's day but also create a ripple effect that encourages others to be kind in return.

Research has shown that kindness can improve mental health and well-being. When we perform acts of kindness, our brains release chemicals that make us feel happier and more fulfilled. This creates a cycle of positivity, where both the giver and receiver of kindness benefit.

In a world that can sometimes feel overwhelming, practising kindness can be a small yet significant way to make a difference. Whether it's volunteering at a local shelter or simply being there for a friend in need, every act of kindness counts and contributes to a more compassionate society.



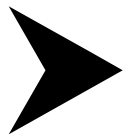
Unseen Passage for Class 8 Students

Questions:

1. What are some examples of simple acts of kindness mentioned in the passage?
2. How does kindness affect mental health according to the passage?
3. What is the ripple effect mentioned in the passage?
4. Why is practising kindness important in today's world?

Answers:

1. Examples of simple acts of kindness include helping a neighbour, sharing a smile, and offering a compliment.
2. Kindness affects mental health by releasing chemicals in the brain that make us feel happier and more fulfilled.
3. The ripple effect refers to how one act of kindness encourages others to be kind in return.
4. Practicing kindness is important because it helps create a more compassionate society and makes a positive difference in the world.



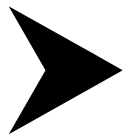
Unseen Passage for Class 8 Students

Unseen Passage 6: The Adventure of Reading

Reading is an adventure that takes us to places we may never visit in real life. Through books, we can explore ancient civilizations, travel to distant planets, or dive into the depths of the ocean—all from the comfort of our own homes. Each story opens up new worlds filled with unique characters and exciting plots.

Books not only entertain us but also educate us. They expand our vocabulary, improve our writing skills, and enhance our understanding of different cultures and perspectives. Reading allows us to empathize with others by seeing life through their eyes.

In today's fast-paced digital world, it's easy to overlook the joy of reading. However, making time for books can enrich our lives in countless ways. Whether it's fiction or non-fiction, every book has something valuable to offer.



Unseen Passage for Class 8 Students

Questions:

1. What are some places mentioned that we can explore through reading?
2. How does reading benefit our vocabulary and writing skills?
3. Why is reading important for understanding different cultures?
4. What does the passage suggest about making time for reading in today's digital world?

Answers:

1. Some places we can explore through reading include ancient civilisations, distant planets, and the depths of the ocean.
2. Reading benefits our vocabulary and writing skills by exposing us to new words and different writing styles.
3. Reading is important for understanding different cultures because it allows us to empathize with others by seeing life through their perspectives.
4. The passage suggests that making time for reading is important because it enriches our lives despite the distractions of today's digital world.